



OM PLYMOUTH

Local Lifestyle Magazine
FREE | May 2024

FRESHER PRODUCE

Tips for storing your produce correctly

KITCHENS FOR THE SOUL

Kitchen's that feel good for the soul from KF Kitchens

CONTINUE ARCADES

Welcoming a new gaming experience to the high street

BRYAN ADAM

When a global rockstar comes to Plymouth on a UK tour, OM Magazine gets the exclusive interview

MIDNIGHT WALK

St Luke's Hospice Plymouth



Mother's Day

Our gift guide to help with the perfect gift

International Women's Day

Forging a more inclusive world for women

Kitson

Leading Devon Local to Strengthen its

HOME • FOOD • EVENTS • HEALTH

MEET the locals

14 independent business in The Plymouth Market you need to know

9 WINTERY DOG WALKS

PLYMOUTH'S

Media Pack

About Our Magazine

OM Magazine is one of Plymouth's leading lifestyle magazine's, which also has a strong presence in the South Hams.

Presented in an A4 format and printed in full gloss colour with a quality gloss front cover, the publication itself appeals to a very wide range of readers, both male and female, ranging from 30-85 years of age. With a loyal and established readership of over 45,000 readers in the local area throughout the year.

The OM Plymouth Magazine has been established since 2004, with a reputation for listing mouth-watering places to eat, great value discounts from local companies, plus our jam packed Whats on and Film Guides. Each issue is packed full of appealing editorials and interesting client based features that will guarantee to keep every reader interested.

The OM Magazine takes pride in the frequent positive feedback we receive from our clients. Daniel Lewis Sales Manager Nuffield Health Fitness & Wellbeing tells us:

"Nuffield Health fitness and wellbeing has advertised with the Plymouth OM Magazine on and off for over 2 years now. The team at Oracle Publications have always provided invaluable advice with regards to singling out our unique USP's of the club and creating a format suitable for our target audience.

We have always had a very good response advertising in the OM Magazine. We monitor this by using cut out vouchers within our adverts that can only be redeemed in store. Results with previous campaigns have brought us in around 50 referrals from just one advert. To date it is one of the best advertising mediums we have found in Plymouth. If you are considering a marketing campaign to hit Plymouth and the South Hams, OM Magazine is certainly one of the best forms of advertising around". Thanks Daniel Lewis.

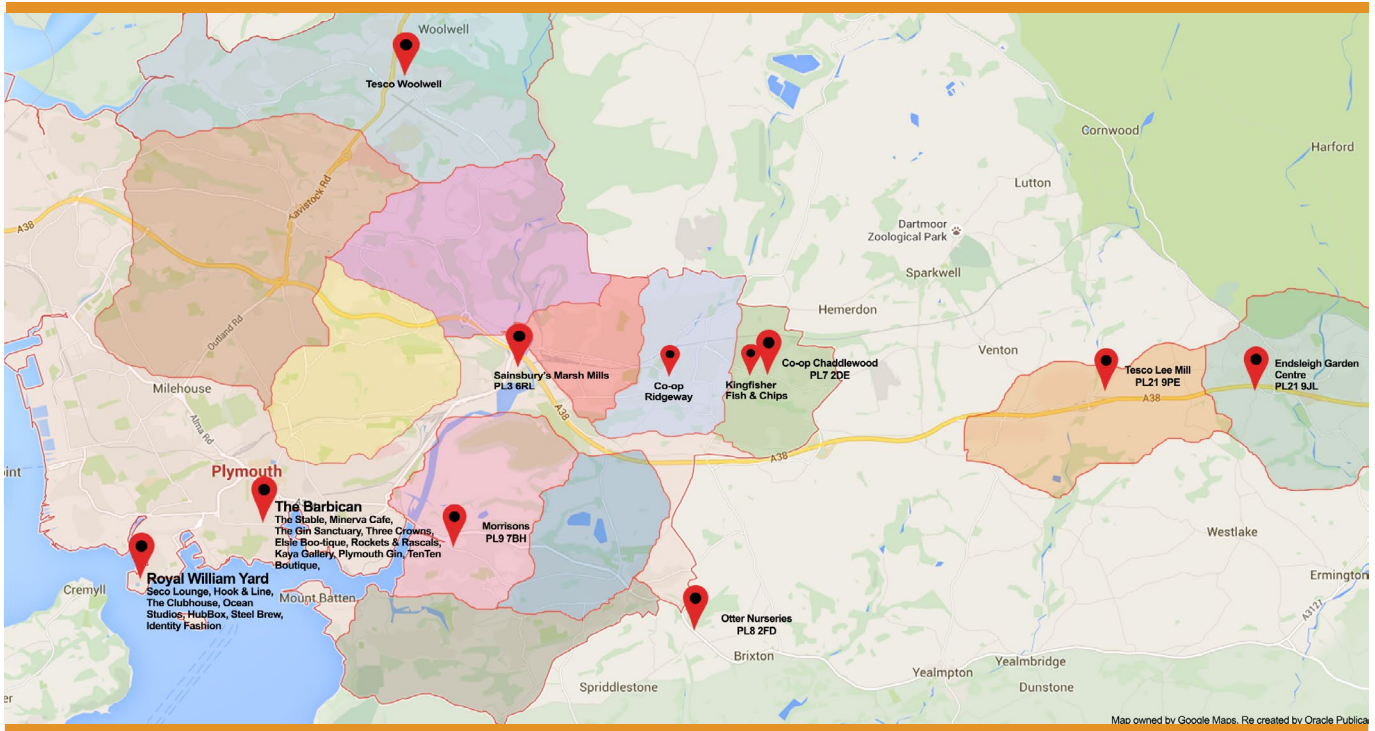


The Magazine



Distribution

Our drop and stand locations around Plymouth & The South Hams



How we distribute

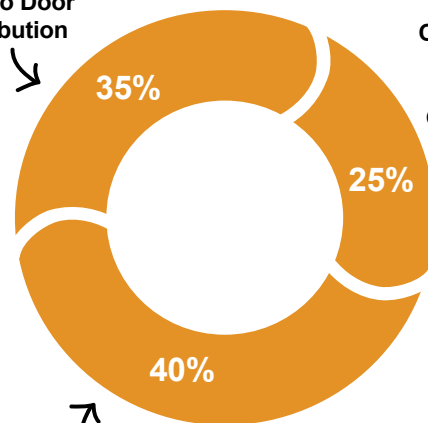
**We've Got
Distribution Covered**

OM Plymouth is distributed through specially designed stands placed in selected major outlets in Plymouth.

We also distribute to restaurants, bars, shops, hospitals, doctors surgeries, dentists, car dealerships, hairdressers, cafes and many more shops and businesses in Plymouth and surrounding areas.

OM Magazine is also distributed door to door in and around Plymouth using our own adult GPS tracked distribution team.

Door to Door
Distribution

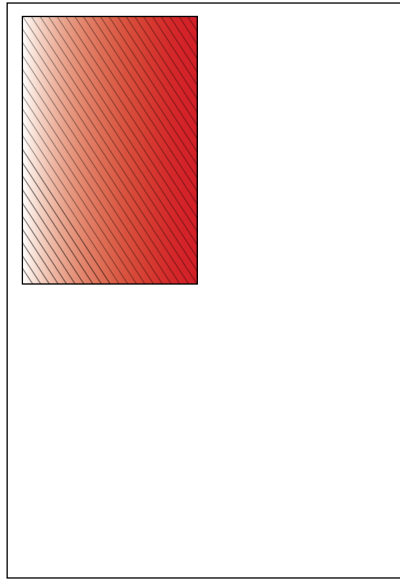


Supermarkets & Garden
Centres in stands

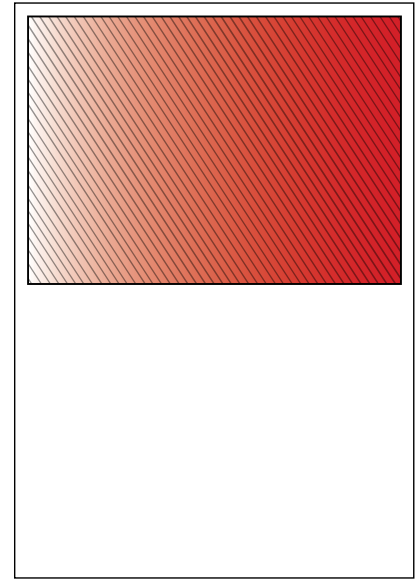
Businesses,
Restaurants,
Cafe's, Shops,
Bars, Hotels,
B&B's, Art
Galleries etc.

Advert

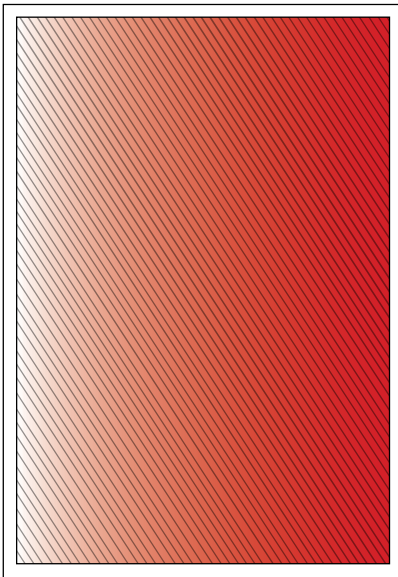
Sizes & Info



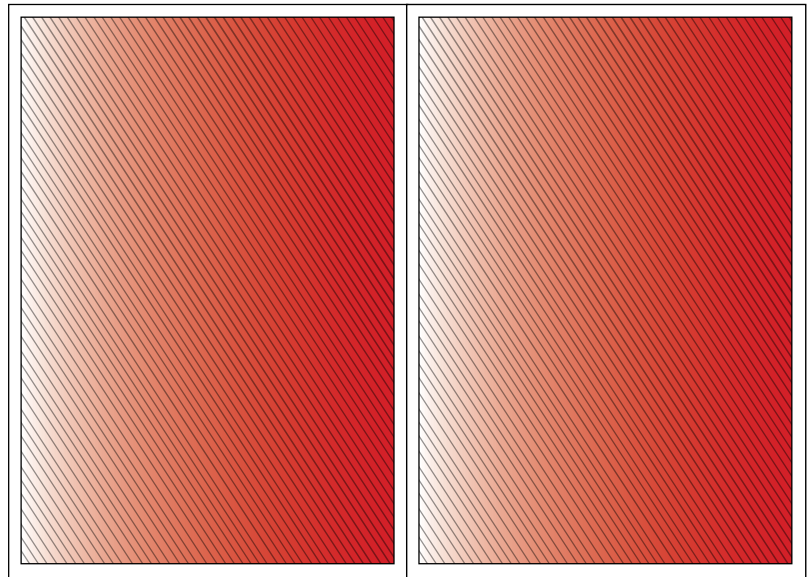
Quarter Page
91mm wide x 130mm high



Half Page
188mm wide x 129mm high



Full Page
188mm wide x 265mm high
With Bleed: 216mm wide x 303mm high



Double Page
432mm wide x 309mm high including 6mm bleed

Artwork Specifications

If sending in your own artwork, adverts must be supplied to the correct dimensions according to the space booked. Please allow a 3mm bleed where requested.

All artwork should be supplied in CMYK format at a minimum of 300dpi (dots per inch). Any image within the advert needs to meet this specification. Adverts must be saved in PDF format or as a jpeg.

Editorial

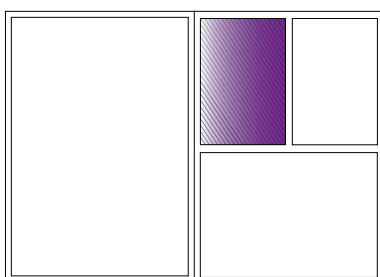
Half page editorial word count: 300

Full page editorial word count: 600

Double page spread word count: 1,200

Editorials need to be typed up via Microsoft Word, spell checked and sent to us by email, by our artwork deadline to allow time to design and set up

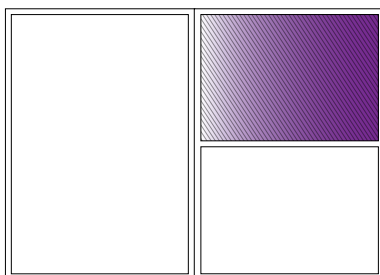
Advertising Rates



Quarter Page Advert

(91mm wide x 130mm high)

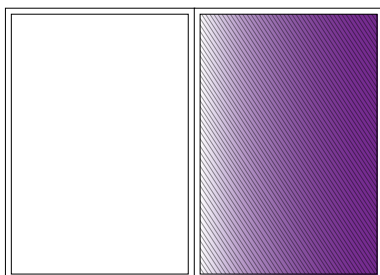
12 issues <i>(12 months discount)</i>	6 issues <i>(6 months discount)</i>	3 issues <i>(3 months discount)</i>	1 issue <i>(1 month advertising)</i>
£147 per issue	£162 per issue	£199 per issue	£332 per issue



Half Page Advert

(188mm wide x 129mm high)

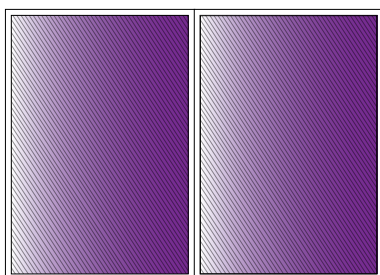
12 issues <i>(12 months discount)</i>	6 issues <i>(6 months discount)</i>	3 issues <i>(3 months discount)</i>	1 issue <i>(1 month advertising)</i>
£252 per issue	£273 per issue	£332 per issue	£569 per issue



Full Page Advert

(188mm wide x 265mm high)

12 issues <i>(12 months discount)</i>	6 issues <i>(6 months discount)</i>	3 issues <i>(3 months discount)</i>	1 issue <i>(1 month advertising)</i>
£430 per issue	£465 per issue	£539 per issue	£774 per issue



Double Page Spread

(432mm wide x 309mm high)

12 issues <i>(12 months discount)</i>	6 issues <i>(6 months discount)</i>	3 issues <i>(3 months discount)</i>	1 issue <i>(1 month advertising)</i>
£732 per issue	£798 per issue	£923 per issue	£1195 per issue

Premium Locations:

(Call for availability)

Front Cover

£1770 includes free full page

Inside Cover

(Full Page) £960 per issue

Back Cover

(Full Page) £1140 per issue

Business Profiles

Make your business stand out through editorial

HOW DOES IT WORK?

The OM Team will arrange a visit to your place of work for an interview, which will take no more than an hour and a half of your time. A photographer will also attend, to take professional photos of your operating business.

Once the interview is complete, it will be transcribed, typeset and set out into a double page spread by our design team. We will also create a blog version of your Business Profile, so it can be shared online and never taken down from the OM website. Try searching for some of the examples and see for yourself!

When making custom, Kitchens Plymouth can deliver an impressive range of kitchen designs, from classic to modern, and everything in between. As a local business, we pride ourselves on our customer service and attention to detail. We are currently looking for a new location to expand our services and are seeking a suitable premises in the Plymouth area. If you are interested in leasing a premises for our business, please contact us on 01752 259022.

From what started as a part time job from university, for a second job to cover opening one of the most successful and well-known kitchen showrooms in Plymouth, Of course, we most definitely wouldn't have had a second job from the first. Instead, we had to leave for that dream business job in London, he felt the opportunity to develop that dream job was the better response. Unfortunately he had to leave the dream, meaning that decision to put down his hand was a hard one, would something just rise in the opposite direction of success? He and Paula and introduced him to the world of kitchen design.

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Over the years, Nathan became a jack of all trades, working in various roles, including retail, sales, and customer service. He was always looking for a challenge and was always looking for a way to grow his business. He was always looking for a way to grow his business.

enquiries@kitchensplymouth.com
www.kitchensplymouth.com
01752 259022

Unit 17, Faraday Mill BP, Faraday Road, Plymouth PL1 6ST

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enquiries@kitchensplymouth.com
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Unit 17, Faraday Mill BP, Faraday Road, Plymouth PL1 6ST

The tangible magazine, and the online blog version will reach an audience of over 49,000 people. We have had some outstanding feedback from this feature that is completely unique to our publication, with many businesses participating in a follow up profile a year later.

"We have been really pleased with the response to our business profile's featured in OM Magazine & Plympton Magazine. We are more than happy with the feedback and quantifiable amount of new customers we have gained because of this just by reading about our business and our history. On occasions I have turned up at a customer's home and they have stated how nice it was to read about local businesses and the people behind them, we had to do very little to win the job. We found everyone at OM Media very professional from start to finish. I would highly recommend anyone in business looking to gain additional customers to do a Business Profile in both Magazines".

- Geoff & Carolyn (GP Service)

WHAT DO YOU GET?

Interview & Transcription, Professional Photographer, Double Page Spread in OM and an Online Blog Post

A Double Page in OM is usually £1195+vat, but this cost is subsidised. The cost for a Double Page Business Profile is only **£598+vat**

There is an option to place your Business Profile in our sister Publication, The Plympton Community Magazine usually £352+vat, for a one off cost of only **£150+vat**

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enquiries@sbbakers.com
www.sbbakers.com
01752 259022

Unit 16, St. Stephen's, Plymouth PL1 2DZ

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enquiries@paradisegolf.com
www.paradisegolf.com
01752 259022

Unit 16, St. Stephen's, Plymouth PL1 2DZ

OM Business Profile Video Production

Make your business stand out through Video Production



1 MIN INTRODUCTION VIDEO

including interviewing, scripting and full editing right through to finished production
£499+vat - including music rights

2 MIN BUSINESS PROFILE VIDEO PRODUCTION

including interviewing, scripting and full editing right through to finished production plus online and social media blogging
£995+vat - including music rights

3 MIN BUSINESS PROFILE VIDEO PRODUCTION

including interviewing, scripting and full editing right through to finished production plus online and social media blogging
£1845+vat - including music rights

WHY VIDEO?

Video is changing the way brands connect with their customers; it is fast becoming the starting point of the sales process for many of today's businesses.

Companies have their own characteristics and offerings that set them apart from others, and a company business profile video is arguably the best way to convey this. We'd like to take this opportunity to explain the features and benefits of an OM company Business Profile Video.

A company profile video is a short synopsis of who your company is, what you do, and the features or benefits you offer. It's not about one single product that you offer, but rather your value proposition as a whole.

It's important to keep your viewer engaged; grab their attention in the first 5 seconds or you're likely to miss out on opportunities, this is what we do! We streamline your content to address what your potential customer needs, or wants, and how you are a part of the solution for them.

With a strategically scripted company profile video, the viewer can quickly understand what your company has to offer, and make a decision to continue in the sales process with your brand.

Video works very much like sales brochures from the past, only video is more engaging. With the right music, pace and imagery, an OM corporate Business Profile Video can deliver your value proposition far better than you could in person, let alone by handing someone a brochure to read. Recent statics show video has five times greater recall than text and, therefore, can be much more effective in promoting your brand. It also lives online and can be found by anyone who is beginning the sales search, any time of the day.

If you are looking to strengthen your company's message, an engaging company business profile will do just that. We believe every company website should have a Business Profile Video as it connects with the viewer, and allows them to get to know your company in a new way.

OM Media Group

t: 01752 691007 / 691022

w: www.ommediagroup.co.uk

Unit 5, Bowker House, Lee Mill, Ivybridge, PL21 9EF



OM Plymouth Online Media

omplymouthmagazine.co.uk

How we do it

Alongside our print publications, every client is promoted through online media. We now have a huge digital presence with the launch of our new website, we also have an evergrowing social media presence on Twitter, Facebook and Instagram. Using our Issuu statistics, we monitor the daily performance of each individual page of our magazine online, enabling us to study how many readers have viewed each advert and what device it was accessed from. Our social media feeds are updated on a regular basis each month, promoting our client's adverts to ensure that they receive the best possible amount of coverage online and to reach out to our online audience.



PlymouthOMMagazine



@OM Plymouth



OM Magazine



OMplymouthmagazine

SOCIAL MEDIA PACKAGE

Rates

Included
in all four
packages:

- Posts written & created by our editor
- Curated graphics & content
- Social media calendar
- Content discussions
- Optional post/content approval
- Monthly plans - no contract

The Starter

Beginner package

(Your choice of)
2 platforms managed

Example:

- 2 Facebook posts p/w
- 2 Instagram posts p/w

PLUS

- Our Creative Team will come up with social media visuals for you

£189 +vat p/m

Keep Me Updated

Basic package

(Your choice of)
3 platforms managed

Example:

- 2 Facebook posts p/w
- 2 Instagram posts p/w
- 1 monthly mail chimp email p/m

PLUS

- Our Creative Team will come up with social media visuals for you

£289 +vat p/m

Engage & Grow

Intermediate package

(Your choice of)
4 platforms managed

Example:

- 4 Facebook posts p/w
- 4 Instagram posts p/w
- 1 website/blog posts p/w

PLUS

- Our Creative Team will come up with social media visuals for you
- Instagram and Facebook story post

£545 +vat p/m

The Works

Advanced package

(Your choice of)
5 platforms managed

Example:

- 5 Facebook posts p/w
- 5 Instagram posts p/w
- 2 website/blog posts p/w
- 1 TikTok post p/w

PLUS

- Our Creative Team will come up with social media visuals for you
- Photography
- Customer services included
- Detailed monthly report
- Daily interaction

£899 +vat p/m

Optional Extras:

Daily interaction
+£110+vat p/m

1 TikTok post p/w
+£185+vat p/m

1 Mail Chimp email p/m
+£69+vat p/m

Photography (premises only)
+£110+vat p/m

DISTRIBUTION RATE CARD 2026

In the age of digital marketing we can sometime overlook the tried and tested effectiveness of door to door leaflet and flyer delivery. Local leaflet distribution gives you complete control to reach your target audience where potential customers can give your product or message their complete attention rather than scroll past to the next interesting post or image. You can convey more information with a leaflet to engage with your target market and also offer localised services that your potential clients will find a lot more beneficial



Plymouth Leaflet Distribution Rates (from £49 per thousand)

Shared GPS tracked Leaflet distribution in Plymouth and the surrounding areas **£49** per thousand, minimum of 3000 (areas are pre-selected by OM) covering a predetermined area each month from PL1 to PL21.

Solus leaflet distribution **£189** per thousand (you select the area) from PL1 to PL21.

Print & Distribution *OFFER*

Design and Print x 5000 A5 double sided 150gsm silk flyers + 5000 shared GPS tracked distribution to the Plymouth area **£685+vat**

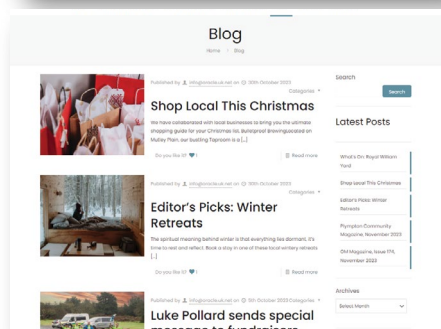
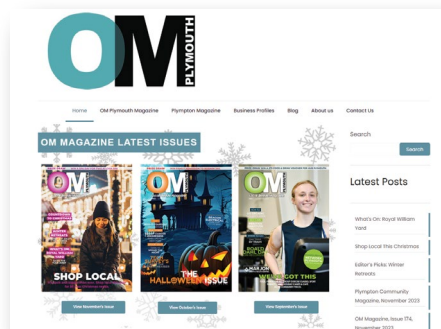
Online Blog Post Rates

Get your Business Editorial online in the form of a blog post seen by thousands

<p>1 Full-page insertion to our blog site</p> <p>Link insertions included in price</p>	<p>£285+vat per month</p>
<p>1 Double-page insertion to our blog site</p> <p>Link insertions included in price</p>	<p>£385+vat per month</p>
<p>Blog post or press release supplied by client</p> <p>Link insertions charged at an additional £55+vat</p>	<p>Up to 600 words £119+vat</p> <p>Up to 1600 words £189+vat</p>
<p>Blog post written by OM Media Editor</p> <p>Link insertions charged at an additional £55+vat</p>	<p>Up to 900 words professionally written by the editor of OM Magazine £299+vat</p>
<p>Blog post written by OM Media Editor</p> <p>Link insertions charged at an additional £55+vat</p>	<p>Up to 1200 words professionally written by the editor of OM Magazine £349+vat</p>
<p>Blog post written by OM Media Editor</p> <p>Link insertions charged at an additional £55+vat</p>	<p>Up to 2000 words professionally written by the editor of OM Magazine £399+vat</p>

HOW DOES IT WORK?

Utilising our ever growing online following, we will publish your blog post onto the OM Media website and share it across our social media platforms, multiple times. This enables your content to reach an even broader audience.



OM Plymouth

Deadlines 2026

Issue

- ▶ (February)
- ▶ (March)
- ▶ (April)
- ▶ (May)
- ▶ (June)
- ▶ (July)
- ▶ (August)
- ▶ (September)
- ▶ (October)
- ▶ (November)
- ▶ (December)
- ▶ (January 2027)

Artwork Deadline

- ▶ 15th January
- ▶ 18th February
- ▶ 17th March
- ▶ 16th April
- ▶ 15th May
- ▶ 18th June
- ▶ 16th July
- ▶ 19th August
- ▶ 17th September
- ▶ 15th October
- ▶ 18th November
- ▶ 15th December

Distribution Begins

- ▶ 2nd February
- ▶ 2nd March
- ▶ 1st April
- ▶ 1st May
- ▶ 1st June
- ▶ 1st July
- ▶ 1st August
- ▶ 1st September
- ▶ 2nd October
- ▶ 31st October
- ▶ 2nd December
- ▶ 1st January

Regular Features

- An easy to follow introduction and features section which allows our readers to navigate their way around the magazine.
- A useful Film Guide highlighting the latest films that are about to hit the big screen near you.
- A What's On feature showing all the latest events that will be happening over the coming month in and around the Plymouth area.
- An Eating and Drinking directory with a focus on all the best places to eat out and drink in Plymouth and the surrounding areas.
- Profiles of local businesses in the city.
- A reader response competition where you could win Great prizes.
- Monthly Leisure & Events, Eating and Drinking, Law & Finance and Home & Garden sections to keep the reader interested.



OM Plymouth

Distribution Areas 2026-2027

- ▶ January 2026 - Estover & Forder Valley
 - ▶ February 2026 - Plympton & Sherford
 - ▶ March - Mount Batten, Hooe, Oreston, Pomphlett
 - ▶ April - Woolwell, Widewell, Glenholt, Roborough
 - ▶ May - Mannamead, Peverell, Hyde Park, Hartley
 - ▶ June - Ivybridge
 - ▶ July - Elburton, Goosewell, Staddiscombe
 - ▶ August - Wembury
 - ▶ September - Eggbuckland
 - ▶ October - Crownhill, Manadon
 - ▶ November - Derriford, Thornbury, Mainstone
 - ▶ December - Brixton, Yealmton
-

Contact
OM Plymouth

For more information, or to discuss your advertising requirements, please contact us on the below.

Tel: 01752 691007

Email: info@ommediagroup.co.uk

Web: www.omplymouthmagazine.co.uk